

IV OKINAWAN DAYS IN PRAGUE
12–14 June | Prague, Czech Republic

International Karate Event

First time in Czech Republic



1. GENERAL INFORMATION

Organizers:

Sakura-Kai Czech Republic &
Okinawa Fight Club Prague

(International Goju-Ryu Karate-Do Sakura-Kai organization is an official member of the Okinawa Karate-Do Kenpo-Kai)

Event Description:

This international event brings together masters of traditional Okinawan karate and elite-level WKF kata competitors. The program includes two official seminars conducted by high-ranking instructors from Okinawa, Japan.

Official Seminars:

- Traditional Okinawan Goju-Ryu Karate-Do
- WKF Competition Kata

2. SEMINAR 1 – TRADITIONAL OKINAWAN GOJU-RYU KARATE-DO

Instructor:

Soshihan Yoshio Kuba – 10th Dan

Head of Okinawa Karate-Do Kenpo-Kai (Okinawa, Japan)

Professional Background

Soshihan Yoshio Kuba is a 10th Dan black belt and one of the highest authorities in traditional Okinawan Goju-Ryu.

He was a direct student of Seikichi Toguchi Sensei, who trained under the legendary masters Chojun Miyagi Sensei and Higa Seko Sensei.

Grand master Yoshio Kuba embodies the true spirit and depth of Okinawan Goju-Ryu. His understanding of the principles, concepts, and practical applications of Goju-Ryu is considered exceptional - both on and off the dojo floor.

In addition to his lifelong dedication to karate, he runs a full-time acupuncture practice in Okinawa and serves as Chairman of the Okinawa Prefecture Acupuncture Association.

Achievements

- Began studying Kendo at age 14
- Apprentice of Seikichi Toguchi Sensei at age 17
- Director of Goju-Ryu Karate-Do Shoreikan at age 27
- Technical Director of Goju-Ryu Karate-Do Shoreikan at age 34

Positions

- Chairman – Okinawa Prefecture Acupuncture Association
- Director – Okinawa City Karate-Do Federation
- Standing Director – Okinawa Prefecture Karate-Do Union
- Vice Chairman – Okinawa City Youth Sports Association
- Vice Chairman & General Master – Okinawa Karate-Do Rengo-Kai

Association

- Director – Goju-Ryu Karate Kenpo-Kai
- President – Authentic Goju-Ryu Karate-Do & Kobudo Federation Kenbukan

Education

- Master's Degree in Pharmacy
- Licensed Acupuncturist

Seminar Focus

Kihon, Traditional kata, bunkai and practical applications, Goju-Ryu principles, breathing methods, structure and body mechanics.

Schedule

DATE	TIME
12 June	16:00 registration
12 June	16:45 - 18:45
13 June	10:45 - 12:45
13 June	16:45 - 18:45
14 June	11:00 - 11:30 – group photo
14 June	11:30 - 13:00

Saturday (13 June) 20:00 Sayonara party

Participation Fee

150€ – Sakura Kai & Kenpo-Kai Members

180€ – Non-Members

3. SEMINAR 2 – WKF COMPETITION KATA

For adults and children (12+)

⚠ Open only to athletes competing at an international championship level

Instructor:

Shihan Takahiro Shinjo – 8th Dan Tomari-Te | 6th Dan Goju-Ryu

President of Kenryu Doshikai (Okinawa, Japan)

Professional Background

Shihan Takahiro Shinjo is widely respected for his deep understanding of traditional Okinawan karate and modern WKF competition kata.

He is especially known as the first sensei of Ryo Kiyuna three-time World Kata Champion and Olympic Champion.

To this day, elite athletes continue to train under his guidance. His dojo regularly hosts world-class karate stars such as Yuki Ujihara, Maho Ono and Heejun Park, as well as many other professional athletes from Japan and across the world.

His dojo has become an international training center where top competitors from whole world come to refine their kata, deepen their technical precision, and elevate their performance to the highest level.

Seminar Focus

WKF competition kata: techniques, transitions, advanced technical details, performance refinement and body mechanics optimization.

Instructor:

Sensei Tsukasa Shinjo – 3rd Dan (active competitor in Okinawa)

Representative of Kenryu Doshikai Dojo (Okinawa, Japan)

Tsukasa Shinjo is a 3rd Dan black belt and represents the next generation of Okinawan karate, active competitor. As the son of Shihan Takahiro Shinjo and an active member of Kenryu Doshikai, he will participate as assistant instructor, supporting Shihan Takahiro Shinjo and working directly with participants during technical sessions and kata practice.

His participation symbolizes the living transmission of Okinawan karate - from master to student, from father to son.

Schedule

DATE	TIME
12 June	16:00 registration
12 June	18:30 - 20:30
13 June	08:30 - 10:30
13 June	14:30 - 16:30
14 June	09:30 - 11:00
14 June	11:00 - 11:30 – group photo

Saturday (13 June) 20:00 Sayonara party

Participation Fee

130€ – Sakura-Kai Members

160€ – Non-Members

4. REGISTRATION & CONTACT INFORMATION

Please confirm your participation by March 30.

For registration, questions, or further information, please contact:

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Join us in Prague! We look forward to sharing this special event with you!